



Level 3 Diploma in Mat Pilates January 2024

Stage 1- Essential Matwork

Module 1-20th-21st Jan

Module 2-3rd -4th Feb

Module 3-2nd-3rd March

Stage 2- Progressive Matwork

Module 1-16th-17th March

Module 2- 13th-14th April

Module 3- 25th-26th May

Assessments

8th June